

## South East Advocacy Service (SEAS)

SEAS is funded by Comhairle and is managed by the South Eastern Region for Centres for Independent Living.

The service will provide a one-to-one advocacy service for adults who:

- are accessing a South East CIL, or
- are waiting to access a service from a South East CIL.

The service will be provided across the South East Region

**The service is free for eligible people.**

## What is Advocacy?

You have the right to be heard about the services you receive or wish to receive.

Advocacy can support you to make sure that your views and wishes are heard.

Advocacy is a **confidential** partnership between you and an advocate.

**SEAS has policies and procedures that inform our work so that at all times the values of Empowerment, Autonomy, Inclusion and Citizenship will be upheld**

## What an advocate can do

- help you find out information so that you can make an informed decision about your life choices
- support you in making decisions
- help you to tell other people what you want - this could be a family member, your PA, staff members, social workers, health workers or relatives.

## What an advocate cannot do

- Your advocate cannot tell you what to do. Advocacy is all about you making the decisions.
- Your advocate is not a lawyer or befriender
- Your advocate cannot provide an emergency service
- Your advocate cannot offer a permanent service

## How to get an advocate

If you would like an advocate or know somebody who would like an advocate (and whom is eligible) contact the SEAS office and we will explain how to get an advocate.

### Contact

Michael O Rourke

SEAS advocate

South East Advocacy Service

Carlow Center for Independent Living

Rm 8 St. Fiacc's Leisure Centre

Graigecullen

Carlow

Phone/Fax:-059 9130014

Mobile 086 825 9572

Email: [southeastadvocacy@eircom.net](mailto:southeastadvocacy@eircom.net)

Or contact your local CIL

Contact numbers over leaf

Kilkenny 056 7723966

Gorey 055 82989

Waterford 051 383232

Wexford 053 42123

South Tipperary 052 28667



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Comhairle

# South East Advocacy Service



## Do you have a disability?

Do you feel that you are:

Not receiving the services  
you feel you should be?

Not listened to?

Not informed?

## An advocate could help you

An advocacy service for the  
Centres for Independent Living in  
Carlow, Gorey, Kilkenny,  
Waterford, Wexford, South  
Tipperary