

# **Informational Bulletin**

*Weekly update for CIL network*

## **CIL News**

Dear all friends and colleagues within the Independent Living Network,

This week our activities focused mainly on three areas – Strasbourg Freedom Drive, CIL Network Council and Disability Studies Certificate.

The dates for Strasbourg Freedom Drive 2009 were set already – so put this into your diaries and start thinking about how would you like to support this years campaign? 14<sup>th</sup> – 18<sup>th</sup> September 2009 people with disabilities from all Europe will lobby for de-institutionalisation and human rights at the highest political level. Please contact myself or Naoise at 01-8730455 if you would like to hear more about this campaign. And keep checking your emails and our website as all information in relation to Strasbourg Freedom Drive will be circulated to you once available.

The internal survey carried out in December 2008 across all Irish CILs is very near to its final draft. It includes very valuable information on FAS CE Schemes, Accessible Transport and Funding consistency of CILs. It is hoped that the survey results will be launch at the end of April / beginning of May 2009.

Council Officers also commenced their work on reviewing the Terms of Reference for the group. Naoise is providing them assistance with this task and we hope that the new TOR will be presented to you at the next Council Meeting (May 2009).

Disability Studies Course developed and organized in conjunction with the NUI Maynooth will commence in September 2009 and all potential participants or organizations who would like to assist us with this project are more than welcome to contact Naoise Cunningham at 01-87230455 / [naoiscunningham@dublincil.org](mailto:naoiscunningham@dublincil.org)

I hope you're all having fabulous weekend and let me know if you should have any questions in relation to any of the articles below.

Best Regards,

Barbora Korandova  
Finance & Communications Officer  
Center for Independent Living  
Carmichael House

## **National Affairs**

### **Disability Federation of Ireland – All the Elections – 5<sup>th</sup> June 2009**

Disability Federation Ireland published set of very interesting guidelines and briefing papers on local and European Elections, which will take place in Ireland on 5<sup>th</sup> June 2009.

Local Election – DFI highlights the importance of making disability issues a priority for Local Authorities and committing to the long-term goals outlined in Towards 2016. DFI suggests partnering of local voluntary agencies with the County Enterprise Boards to develop a professional training. Housing for people with disabilities and the revised housing adaptation grant are another issue that DFI asks the candidates to address together with accessibility, review of Government Employment Schemes and coordination of services to People with Disabilities. Please see the full-version of the briefing paper at the following link:

European Election – Ask your future MEP to demonstrate a commitment to disability issues by supporting Disability Intergroup of European Parliament, Advocate for the full ratification of the UN Convention on the Rights of Persons with Disabilities, promote mainstreaming of disability in all areas of EU policy, support implementation of Anti-Discrimination Directive and de-institutionalisation. These are the recommendation DFI suggests to its members to include in the manifesto prior to the EU election. Full version of this document is available at the following website:

[http://www.disability-](http://www.disability-federation.ie/DFI's%20EU%20Election%20Manifesto%202009.pdf)

[federation.ie/DFI's%20EU%20Election%20Manifesto%202009.pdf](http://www.disability-federation.ie/DFI's%20EU%20Election%20Manifesto%202009.pdf)

[http://www.disability-](http://www.disability-federation.ie/DFI's%20EU%20Election%20Campagining%20Guide%20for%20Organisations.pdf)

[federation.ie/DFI's%20EU%20Election%20Campagining%20Guide%20for%20Organisations.pdf](http://www.disability-federation.ie/DFI's%20EU%20Election%20Campagining%20Guide%20for%20Organisations.pdf)

## **International Affairs**

### **Center for Independent Living Pakistan**

Lahore is the capital of Pakistani province Punjab – see location below:

<http://maps.google.com/maps?hl=en&q=lahore+pakistan&ie=UTF8&split=0&gl=ie&ei=9xTOSZXqI6OUjAeJ9MTmCQ&ll=40.313043,61.611328&spn=30.766423,56.25&z=4&iwloc=addr>

Another Pakistani Center for Independent Living was opened in there this year. The center is fully led by people with disabilities and aims to provide services such as information provision, Personal Assistance and Peer-counselling and advocacy to people with disabilities living in the region.

The official opening of the centre was attended by representatives of the local authorities and had very good media coverage. It is hoped that this will contribute greatly to the promotion of Independent Living philosophy in Pakistan. The centre is supported by two local organizations – Movement for Independence of Disabled and Raising Star Association.

The Center for Independent Living in Lahore joined the family of nine already existing centres in Pakistan. The Centers were launched as a project of Milestone Society of Special Persons (established in March 1993) and are supported by Pakistan Council of Independent Living. The services provided by the centers a\re mainly focused around peer-counselling, advocacy, personal Assistance, information provision and provision of equipment.

## **Upcoming Events**

### **National**

#### **Wheelchair Cars Ireland**

Easter Wheelchair Accessible Car Show organized by Ireland's largest stockist of wheelchair accessible vehicles will take place in Springfort Hall Hotel, Mallow, Co. Cork from Friday 10<sup>th</sup> April till Sunday 12<sup>th</sup> April (10am – 5pm).

This is a great opportunity to view and test drive a large selection of wheelchair accessible cars for both – disabled passengers and disabled drivers. You can also get some information and advise on queries such as VRT, VAT and parking permits.

For more information on this event please call 090-6439786 or email [donalmurtaghcars@ive.ie](mailto:donalmurtaghcars@ive.ie)

### **International**

#### **Center for Self-Determination (Kansas City)**

The Center for Self-Determination is a training and technical assistance source on Self-Determination in the US and other countries. The center builds on the philosophy of Independent Living and implements this in the areas of disability and aging.

On 6<sup>th</sup> & 7<sup>th</sup> April the center will host an international conference & wotraining workshops titled “Inventing the Future: Impl4ementing Self-Determination across Disability and Aging” in Kansas City. Full agenda is available at the link below:

<http://www.centerforself-determination.com/docs/101s/Agenda-KansasCity.pdf>

You can register for this event online at the following website:

<http://www.centerforself-determination.com/101reg.html>

Or you can contact the Center for Self-Determination for more information at 00-1-888-5248555 / [info@centerforself-determination.com](mailto:info@centerforself-determination.com)

## **Publications**

### **Cara Focus – National Newsletter**

Cara Adapted Physical Activity Centre aims to highlight the increasing opportunities which are being developed at grassroots level in relation to sport and physical activities for people with disabilities. The second issue of the national newsletter Cara Focus (February 2009) informs on the outcomes of the national conference held by Cara in 2008, Paralympic Sports and ParaLions Programme with DCU, upcoming events nationwide, Boccia League, Football for All Programme launched by the Football Association of Ireland and many more. Check out this issue for updates on sports activities in your region or to find out who is your regional Sports Inclusion Disability Officer. An online copy available at the link below:

<http://www.mayosports.ie/media/Media,10556.en.pdf>

### **Changing Ireland – Spring 2009**

The National Magazine of the Community Development Programme is updating you four times a year on the news in Irish Community and Development Sector. In the Spring 2009 issue you can read for example about Barack Obama and his experience as Community Development Worker. The magazine is available online at the following website:

<http://www.changingireland.ie/Issue28.pdf>

### **Getting to Grips with Governance**

A publication developed by the Wheel is a guide for Directors and Managers working in Irish community and voluntary sector. It brings you through the role of the governing body and describes roles of chairperson, secretary and treasurer. It describes different structures of organizations and offers the best practice guidelines when it comes to human resources management, operational and strategic planning, policies and manuals and many more. It will also provide you with a list of valuable resource in Ireland and UK.

You can order a copy of this publication online at the following link:

<http://events.wheel.ie/eventregister/servlet/ViewEventForm>

or by contacting the Wheel at 01-4548727 / [info@wheel.ie](mailto:info@wheel.ie)

The cost of one publication is €21.

### **People, Poverty and Participation**

A policy discussion paper published by the Combat Poverty Agency is available online. Its main objective is to stimulate debate on strengthening opportunities in Ireland for participation of excluded groups, particularly those experiencing poverty. The paper explores concepts of participation, examines international and Irish public policy and highlights a number of discussion points on strengthening the policy participation of people experiencing poverty and the organizations that work with or represent them. To view the document please follow the link below:

[http://www.cpa.ie/publications/PeoplePoverty&Participation\\_2009.pdf](http://www.cpa.ie/publications/PeoplePoverty&Participation_2009.pdf)

## **Education & Training**

### **Basic Consultation Processes**

The Consultation Institute will host a course introducing basic consultation processes in Belfast (Carnegie Conference Venue) on Wednesday 29<sup>th</sup> April 2009 (9.30am – 4.15pm).

The course will explain both the UK Consultation Code and the Irish Government's Guidelines on consultation for public bodies. It will also introduce the Institute's own Consultation Charter. And of course it will give the participants solid background of what exactly is consultation and what are the key processes. The course includes one group exercise on real-time problem solving.

The cost of this one-day course is £185 + VAT for members of the Institute and £265 + VAT for non-members. You can book online at the link below:

<http://www.consultationinstitute.org/trainingcourses/register.asp?id=24>

or alternatively you can contact Martin Woodrow in the Consultation Institute at +44-1-414-160790 / [martin@consultationinstitute.org](mailto:martin@consultationinstitute.org)

### **Designing & Delivering Effective Promotional Material**

Blanchardstown Area Partnership will host this training on Friday 24<sup>th</sup> April 2009 (10am – 1pm). The participants will learn about different types promotional materials that can be used for a business / organizations, importance of a logo and corporate stationery, good vs. bad design practice, printing options, distribution of promotional material and how to measure effectiveness of the promotional material.

The cost of the course is only €10 and you can book your place by contacting Niall Comber at 086-3545208 / [ncomber@bap.ie](mailto:ncomber@bap.ie)

### **Role of the Rights Commissioner Service**

A new training organized by the Citizens Information Board will take place In Jurys Inn Hotel on Custom Quay (Dublin 1) on Tuesday 21<sup>st</sup> April 2009 (10am – 1.00pm). The aim of this half-day course is to familiarize participants with the role of the Commissioner and to describe the process and legislation under which a claim can be made. The course fee is €50 and you can register either online at the following website:

[http://www.ciboard.ie/publications/providers/downloads/training\\_application\\_form\\_courses\\_2009.doc](http://www.ciboard.ie/publications/providers/downloads/training_application_form_courses_2009.doc)

or by contacting Ann Marie Byrne at 057-9341262 / [annmarie.byrne@ciboard.ie](mailto:annmarie.byrne@ciboard.ie)

### **Good Practice for Management Committees**

The Carmichael Centre will hold this new training course in Galway on Monday 20<sup>th</sup> April 2009. The course describes the purpose of management committees and the related roles and responsibilities of committee members. You can book your place online at the following website:

<http://www.carmichaelcentre.ie/trainingandsupport/2007%20MTP%20Booking%20Form.pdf>

or you can contact Carmichael Centre at 01-8735285 / [tssinfo@carmichaelcentre.ie](mailto:tssinfo@carmichaelcentre.ie)

The cost of this one-day course is €100 - €140.

### **Monalee Escapes**

Monalee Escapes is a training, consultancy and coaching company based in Wexford. They can provide your organization with wide range of trainings in areas such as Healthcare, First Aid, Communications Skills, Management through Leadership, Team Building and Stress Management (all tailored to the needs of your organization. They can also assist you with evaluation and strategic planning, executive coaching and mentoring and development of recruitment strategy and staff introduction programme.

For further information please contact Derval Howley or Michael Kavanagh at 053-9388441 / [info@monallescapes.com](mailto:info@monallescapes.com)

## **Culture**

### **Ouch!**

Ouch! is a website from the BBC that reflects the lives and experiences of disabled people. It has articles, blogs, a very busy message board and an award-winning downloadable radio show - The Ouch Podcast). It's aimed at those with a stakehold in disability: family, friends, professionals and, rather importantly, disabled people themselves - without whom all this would be a bit meaningless.

<http://www.bbc.co.uk/ouch/>

The newest columns and articles include:

Disability Bitch vs. Insults

[http://www.bbc.co.uk/ouch/opinion/b1tch/disability\\_bitch\\_vs\\_insults.shtml](http://www.bbc.co.uk/ouch/opinion/b1tch/disability_bitch_vs_insults.shtml)

Accessible Cooking

[http://www.bbc.co.uk/ouch/interviews/accessible\\_cooking.shtml](http://www.bbc.co.uk/ouch/interviews/accessible_cooking.shtml)

Accessible Skiing

[http://www.bbc.co.uk/blogs/ouch/2009/03/frank\\_gardner\\_swaps\\_the\\_newsro.htm](http://www.bbc.co.uk/blogs/ouch/2009/03/frank_gardner_swaps_the_newsro.htm)

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Disability & Charity

<http://www.bbc.co.uk/dna/mbouch/F2322273?thread=6431154>

Cost of Disability

<http://www.bbc.co.uk/dna/mbouch/F2322273?thread=6431575>

And many more...

### **Dublin Good Friday Concert**

Carmichael Centre will host its annual Good Friday Concert in Saint Patrick's Cathedral on 10<sup>th</sup> April 2009 at 8pm. The tickets can be booked online at <http://www.ticketmaster.ie/event/180042749B6F6C20?artistid=803841&majorcatid=10002&minorcatid=203> or by contacting Carmichael Centre at 01-8735702. The price of a ticket is €25.

## **Employers Corner**

### **Managing Volunteers – A Good Practice Guide**

The Citizens Information Board updated this guide for organizations that involve volunteers in their work. It provides you with an introduction into volunteer management, guidelines on how to prepare for volunteers, tips and tricks and suggestions for developing your own volunteer policy, day-to-day management and many more. The guidelines are available online at the following link:

[http://www.ciboard.ie/publications/voluntary\\_sector/managing\\_volunteers/index.html](http://www.ciboard.ie/publications/voluntary_sector/managing_volunteers/index.html)

### **IT & Your Office**

Free consultation to review your existing IT set-up, network backups, antivirus and security is currently being offered by Landmark Technologies (based in Dublin 12). To arrange your appointment please contact Paula Poole at 01-6205500 / [info@landmark.ie](mailto:info@landmark.ie)

IF THERE IS ANYTHING RELEVANT YOU OR YOUR ORGANIZATION WOULD LIKE TO SHARE WITH THE NETWORK, PLEASE EMAIL BARBORA AT [barborakorandova@dublincil.org](mailto:barborakorandova@dublincil.org)